

Insurance and Real Estate Committee
February 27, 2020

Testimony in Support of:

H.B. No. 5248, H.B. No. 5254, An Act Establishing A Task Force To Study Health Insurance Coverage for Peer Support Services In This State.

H.B. No. 5254, An Act Requiring Health Insurance Coverage For Medication-Assisted Treatment For Opioid Use Disorder

H.B. No. 5256 An Act Concerning Required Health Insurance Coverage For Detoxification And Substance Abuse Services

Co-Chairs Scanlon and Lesser; Vice Chairs Dathan and Hartley; Ranking Member Pavalock-D'Amato and Kelly; and distinguished members of the Insurance and Real Estate Committee:

My name is Aprille Coutts.

My daughter was introduced to opioids after a elbow surgery when she was just 16.

That's all it took. We spent 4 years and well over \$25,000 in rehabs. (Getting into rehab is extremely difficult and if you can get a bed, it's outrageous) Thankfully we are amongst the lucky ones. She is now 21 and has been clean for over 2 years.

I am urging you to consider these bills to ensure insurance companies are required to provide help to those seeking services and to utilize MAT as a standard form of treatment, the data suggests this is one of the most successful ways to help those recovering from addiction.